

# Sojourn Dinning Lunch Menu - October 2018

Harvest  
by John Newton

See! the corn  
again in ear!  
How the fields  
and valleys  
smile!

Harvest now is  
drawing near  
To repay the  
farmer's toil:

Gracious Lord,  
secure the crop,  
Satisfy the poor  
with food;

In thy mercy is  
our hope,  
We have sinned  
but thou art  
good.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shredded BBQ Chicken 1 on a W.G. Bun Seasoned Hash Browns Creamy Broccoli Cole Slaw Diced Pears Milk	Cheese Burger on a 2 W.G. Bun Seasoned Corn Italian Pasta Salad Apple Sauce Milk	Sliced Rosa Chicken 3 with Fettuccini Mixed Green Salad with Vegetables Golden Italian Dressing Pineapple Tidbits Slice of French Bread Milk	Swedish Meatballs 4 Mashed Potatoes Pea Salad Banana Slice of W.G. Bread Milk	Chicken Chili with Beans 5 Shredded Cheddar Cheese Fresh Sliced Cucumbers with Ranch Dip Mandarin Oranges W.G. Dinner Roll Milk
Baked Chicken Tenders 8 BBQ Sauce Seasoned Green Beans Macaroni Salad Pineapple Tidbits Milk	Lasagna Hot Dish with 9 Beef and Cheese Mixed Green Salad with Vegetables Golden Italian Dressing Banana Slice of French Bread Milk	Baked Chicken Breast 10 on a W.G. Bun Slice of Cheese BBQ Sauce Creamy Cole Slaw Banana Diced Peaches Milk	Tuna Salad on a 11 W.G. Bun Tomato Rice Soup Carrot Raisin Salad Diced Water Melon Milk	Wild Rice Hot Dish with 12 Sliced Chicken Fresh Sliced Cucumbers with Ranch Dip Mandarin Oranges W.G. Dinner Roll Milk
Sloppy Joe on a 15 W.G. Bun Seasoned Green Beans Italian Pasta Salad Apple Sauce Milk	Sliced Chicken Alfredo 16 with Penne Pasta Mixed Green Salad with Vegetables French Dressing Diced Peaches Slice of French Bread Milk	Salisbury Steak in a 17 Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	White Chicken Chili 18 with Beans Shredded Cheddar Cheese Creamy Broccoli Cole Slaw Pineapple Tidbits W.G. Dinner Roll Milk	Italian Meatballs on a 19 Coney Bun Shredded Mozzarella Cheese Seasoned Hash Browns Marinated Vegetables Mandarin Oranges Milk
Breaded Chicken 22 Breast on a W.G. Bun BBQ Sauce Seasoned Hash Browns Diced Carrots Diced Pears Milk	Baked Meatloaf in a 23 Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	Chicken Stew with 24 Vegetables Mixed Green Salad with Vegetables French Dressing Diced Peaches W.G. Dinner Roll Milk	Spanish Rice with 25 Chicken and Cheese Seasoned Black Beans Apple Sauce Corn Muffin Milk	Turkey and Cheese on 26 W.G. Bread Vegetable Rice Soup Creamy Cole Slaw Diced Water Melon Milk
Baked Chicken Strips 29 BBQ Sauce Seasoned Green Beans Macaroni Salad Mandarin Oranges Milk	BBQ Beef Riblet on a 30 Coney Bun Shredded Cheddar Cheese Creamy Broccoli Cole Slaw Diced Pears Milk	Baked Chicken Breast 31 in a Garlic Cream Sauce Mashed Potatoes Grape Tomatoes Red Apple W.G. Dinner Roll Milk		 <p>*All menu items are subject to change.</p>